

## Peolaud 1

Written by Administrator

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### Peolaud 1

Praad kartul 150gr

hapukapsas 120g

ahjuliha 100gr

kaste 10gr

Kartulisalat 70gr

Köögivilja-singisalat 70g

Liha marinaadis 30g

Kala taignas 30g

Singirullid 30g

Heeringas/h.koor/sibul

30/10/5g

Täidetud muna ½

S.vorst/hapukurk 20/30g

Leib

Morss 0,5l

tort 100g

Kohv 150ml

kohvikoor 10g